



ALEENA MATHEW

PHARM D

OBJECTIVES

A Pharm D graduate with exceptional organization skills, strong interpersonal communication ability, and extensive knowledge of medications and their use. Experienced pharmacist places a strong focus on attention to detail and excels in accuracy to guarantee patients are cared for and prescribers have confidence. Dedicated professional ensures that all safety protocols and security measures are adhered to in meeting the high standards of the field.

Contact

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WORK EXPERIENCE

- INTERNSHIP- NABH accredited Believers Church Medicine College Hospital, Thiruvalla
July 2019 – September 2020
 - CDMC counseling for CLD and CKD,
 - Patient specific and drug specific counseling
 - Dose adjustments
 - Checking drug duplications
 - Identifying medication errors
 - Checking drug interactions
 - Adverse drug events monitoring and reporting
- DISPENSING - Family Healthcare Centre, Othara ,
March 2019 [one month]
- LECTURING - For Pharm D students during internship in Nazareth College of Pharmacy .

EDUCATION

COURSE	BOARD/ UNIVERSITY	PERCENTAGE/ CGPA
Doctor of Pharmacy 2014- 2020	Kerala University of Health Sciences [Nazareth College of Pharmacy, Othara, Thiruvalla]	1 st year : 73.3% 2 nd year: 71.2% 3 rd year: 70.8% 4 th year: 72.8% 5 th year: 74.4%

Languages

English – Speak ,write ,read

Malayalam – Speak, write, read

CLINICAL SKILLS

- Dose adjustment
- Patient counselling
- Pharmacovigilance - Adverse drug events monitoring and reporting
- Antibiotic stewardship programme
- Medication errors
- Drug duplications and drug interactions

KEY SKILLS AND CHARACTERISTICS

- Excellent communication and active listening skills to ensure that patients and customers understand their medications and how to take them.
- Extensive education and training to guarantee that I am constantly up to date on the newest research and information regarding medications.
- Ability to hear and understand what others are saying, and oral expression skills that allow me to explain a complicated topic in a simple way that they can understand.

HSE 2014	DHSE KERALA [St. Mary's HSS Bharananganam, Kottayam]	Percentage : 86%
AISSE 2012	CBSE [Carmel Public School , Pala, Kottayam]	CGPA: 9.8

ACHIEVEMENTS

ONLINE COURSES

Have completed 4 online courses which include

- Signal detection and causality assessment - Uppsala Monitoring Centre
- Statistical reasoning and algorithms in pharmacovigilance- Uppsala Monitoring Centre
- Cancer care: Patients Point of view, Center for Health Education , Awareness Resources and Services
- Let's Break the Chain of Covid -19 Infection, by Mohammed Bin Rashid University Of Medicine and Health Sciences.

ACADEMIC PROJECT

Prevalence of primary signs of cancer in a rural area

SEMINARS ATTENDED

- International seminar on Innovative Research and Skills For Better Clinical Care—2016, St. Joseph College of Pharmacy, Cherthala
- Module on the topic - Novel Approaches To Drug Design and Molecular Modeling – 2016, Nirmala College of Pharmacy, Ernakulam
- Geriatric CME organized by Believers church medical college hospital - 2019

- Strong sensitivity to problems that may arise when issues with prescribers, patients or drug companies are present.
- Exceptional social perception, facilitating the understanding of concerns and issues of both patients and prescribers as they arise.
- Instructing skills that allow me to teach others how to do things better.

Interests and hobbies

- Reading Books
- Dancing
- Listening music
- Talking with peoples
- Acting

REFERENCES

1. Dr. Elesy Abraham

Principal

Nazareth College of Pharmacy,
Othera, Tiruvalla.

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2. Mr. Philip Jacob

Head of Pharmacy Practice
Department,

Nazareth College of Pharmacy,
Othera, Tiruvalla.

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- International conference on Profession of Pharmacy For Advanced Pharmaceutical Care-2020
- Pharmacy practice module - Advanced Learning Series 4 on infectious disease- 2017, Devaki Amma Memorial College of Pharmacy, Malappuram
- Workshop on Pharmacovigilance organized by Regional training centre ,PvPI,,JSS Medical college and hospital , Mysuru-2019 in collaboration with Nazareth College of Pharmacy , thiruvalla
- Rhematology CME organized by Believers church medical college hospital – 2020
- International seminar on Expanding The Frontiers in The Development of Pharmacy Profession, Nazareth College Of Pharmacy, thiruvalla, 2020

PUBLICATIONS

- Steroid induced bone loss and fractures , International Journal of Research in Pharmacy and Pharmaceutical Science , Vol :4, Issue : 1, Jan- Feb 2019
- Assessment of physical activity and obesity in the prevalence of primary signs of cancer in a rural area , International Journal of Pharmacy and Pharmaceutical Research , Vol : 18 , Issue : 4 , July 2020
- Assessment of diet and age in the prevalence of primary signs of cancer in a rural area, International Journal of Pharmacy and Pharmaceutical Research, Vol: 17, Issue :4 , March 2020
- Assessment of Role of Social Habits and Genetics in inducing various cancers, International Journal for Research in Pharmacy and Pharmaceutical Sciences ; Vol:5; Issue:4, August 2020

MEDICAL CAMP ATTENDED

- One day medical camp attended at thiruvalla as a part of internship programme