

# 4) <sup>19/10/23</sup> → General Pharmacology ←

P.C. is the science of drugs including their origin, composition, Pharmacokinetics, therapeutic use & toxicology.

P. Dynamics — What drugs does to the body. includes → Physiological & biochem effects of drugs & their MOA on organ.

P. Kinetics — what body does to the drugs. like → alteration of drug in body, ~~abs~~, ADME.

Drug — single, active, chemical entity present in medicine that is used for diagnosis, prevention & treatment/cure of the disease.

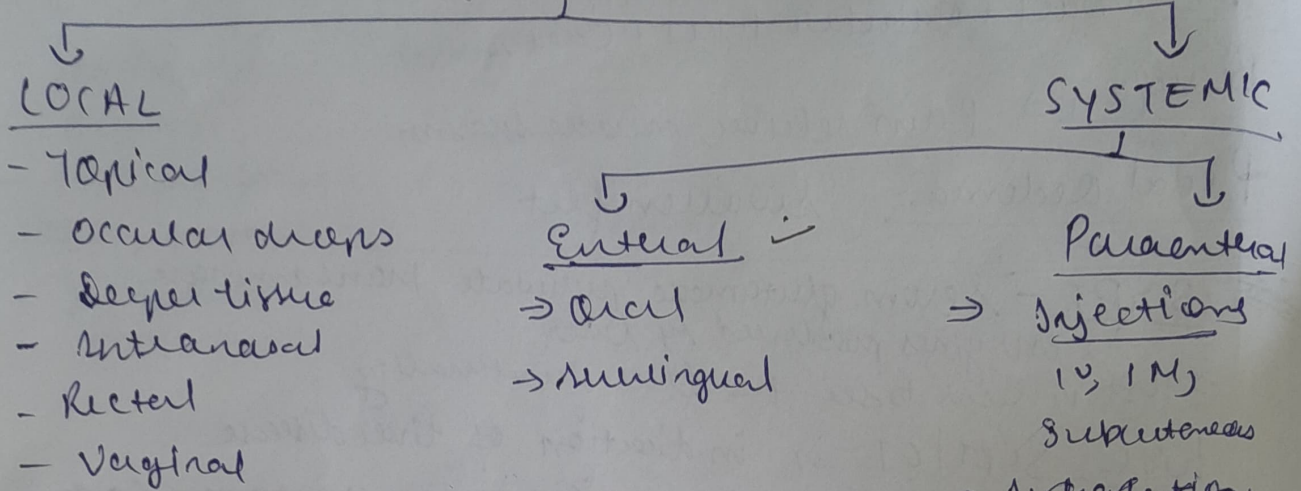
## → Routes of drug Adm<sup>n</sup> ←

Selection of drug depends upon:-

- 1) Phy/chem prop. of drug —
- 2) Site of desired action — drug like effect locally at site ~~part~~ or whole body.
- 3) Bioavailability ★
- 4) Metabolism

# \* GENERAL PHARMACOLOGY

## Routes of Drug Admin.



1) LOCAL - A drug <sup>used</sup> ~~usually~~ locally affect mostly the parts of body it comes in contact with.

1) Topical - External application of the drug.  
In the form of lotions, ointments, creams, powder.  
→ skin, ear, eye, Anal canal.

2) Deeper tissues - Certain deeper areas of tissues are approached here.

→ The systemic Abs. is slow.

Eg - Hydrocortisone inj in knee joint.

2) Enteral - Most convenient & commonly used.

→ Oral Route - Safer & convenient RODA.  
- Cheap, Painless.

- Both solid & liq. dosage form can be given orally.



- Self medication is possible  
→ Abs. is selective as per need.
- disadvantage →
- Onset of action is slow.
  - may cause SE like - Nausea & vomiting.
  - Drugs can be destroyed by our digestive juice.
  - Drugs may form complexes with food.
  - Drugs can be destroyed or altered in GIT & also in liver. This is known as first pass effect.

2) Sublingual - The drug in the form of tablet is put under the tongue.

⇒ Only LIPID SOLUBLE & non-irritating drugs can be adm. by this route.

→ The drug is absorbed straight into systemic circulation.

Eg - Nitroglycerin in Heart attack &  
Isoprenaline in Asthma.

disadv. - If drug is to be used in large amt. & often, then, route becomes inconvenient.

Here, the drug does NOT enter GIT, it directly reaches into circulation.

Adv - Quick onset of action.

- can be given to unconscious patients.
- Desired concentrations can be achieved.
- Comparatively smaller doses are required for effect.
- "By-pass" effect is avoided.
- Drugs that irritate stomach or cannot be absorbed from stomach or intestine, can be given by this route.

Disadv - self medication is not possible.

- It is painful.
- Needs proper technique of adm.
- It is a risk factor for diseases like AIDS.
- The syringes used must be in sterilized condition & non-contaminated.

⇒ 1) IV - It is QUICKEST route for fastest action of drug.

- It goes directly into blood circulation.
- Irritant substances can also be given by this route.
- It is indicated in Emergency conditions, Blood transfusion, for Anaesthetics.
- ⇒ All drugs can be adm. by IV route.

2) I.M. - The muscle has rich lymphatic supply, hence the absorption is very rapid.

- Irritant drugs & suspensions can be injected by this route.
- The site of inj. should be away from nerves.

Ex - Penicillin



Eg - Vaccines, Hormonal agents, Abs are given via I.V.

3) Subcutaneous - Drugs are injected under the skin.  
- their Abs. is slow.

Eg - Adrenaline, Implants, Insulin.

- A short needle is used to inject into the layer between skin & muscle.

4) Intra-aortic - It is quickly given int. cardiac mass.  
when heart action is ~~stop~~ stopped.  
this method rarely succeed.

### Pharmacokinetic Drug - Drug Interaction.

- When 2 or more drugs are taken at same time, there is a possibility that the therapeutic action or any other action in the body is modified by another drug.  
<sup>any substance</sup> Polypharmacy is the main cause of D-D-I.

D-D-I can be — Beneficial — Eg - Levodopa + Carbidopa  
→ Adverse. — Eg -

→ Drugs may alter the ADME of other drugs.

Eg - If one drug inhibits the metabolism of another drug, the 2nd drug may accumulate in our body & can cause toxicity.

2. Alternatively, if one drug induces the metabolism of 2nd drug, then the 2nd drug may be metabolized more quickly.

① Pharmacokinetic DDI can also occur due to  
→ GIT (1) Situation in GIT function -

faster the drug passes thru the stomach & intestine, smaller the amt. of drug absorbed.

↓  
this affects ADME of drugs.



Eg - (1) Antacids & Antibiotics - Ant. can ↓ the abs. of Abs such as ~~tetracycline~~, tetracycline, or fluoroquinolones.

(2) ~~Grapefruit juice & statins~~

(3)  $Ca^{2+}$  supplements & tetracycline -  $Ca^{2+}$  forms an insoluble complex with tetracycline, in GIT which reduces the abs. of tetracycline, therefore it is recommended to separate the adm. of tetracycline &  $Ca^{2+}$  supplements.

(3) Atorvastatin & Ketoconazole & Erythromycin  
Ator. is metabolized by liver enzyme, several medication like Erythromycin & Ketoconazole an antifungal drug inhibits this liver enzyme. & this ↑ the conc<sup>n</sup> of Atorvastatin in blood.

(2) Due to Alteration in pH - pH can affect the ~~meta~~pharmacokinetics of drugs in no. of ways. It can affect the conc<sup>n</sup> & effectiveness of drugs.

Eg - (1) An antacid, AlOH<sub>3</sub>, ↑ the pH of stomach which leads to reduction of <sup>abs. of</sup> certain Antibiotics like → tetracycline.

(2) Omeprazole & Ketoconazole - Omeprazole is an antacid, which ↑ the stomach pH, which reduces the abs. of ~~the~~ fluconazole.



Due to Competition for Plasma Receptor sites:-

(3) Many drugs act by binding to specific receptors in the body, & when 2 drugs bind to the same receptor site, they can compete for binding, leading to altered drug effects.

eg - Imipramine & An antidepressant, Fluoxetine, both act by inhibiting the serotonin in brain. These 2 drugs compete with each other,

↓  
leading to ↓ in effectiveness of both drugs.

↓  
↑ in serotonin.

(4) Due to Alteration in Mucosa:-

- NSAIDs & Anti-coagulants, such as warfarin can both cause mucosal damage in GIT, leading to ↑ in bleeding risk.

5) Due to Alteration of Transport Mechanism:-

- Drug interaction may interfere in transport mechanism by competing in transport cycle.

eg Methylglucoside will be absorbed slowly in presence of certain Natural Amino acids.



# Pharmacokinetics

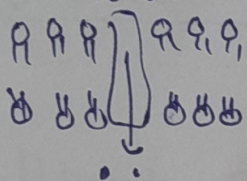
- P.K. is a part of pharmacology which deals with the Absorption, Distribution, Metabolism & Excretion of drugs.

## 1) ABSORPTION of drugs.

- It is the passage of drugs from its route of adm. to systemic circulation.

Drug Abs. can occur via mmb. can happen in 4 diff ways.

1) Passive diffusion - Drugs move from area of high concn  $\rightarrow$  low concn



most of the drugs are abs. by this mech.

- Energy Independent (no use of energy)

2) Facilitated diffusion - Drugs esp. larger molecules will cross the mmb. by the help of carrier proteins. diffuses via high concn  $\rightarrow$  low concn  
- Energy Independent

3) Active transport - Energy dependent.

Energy is used in the form of ATP.

- Movement of molecules from low concn to high concn.

- ATP

$\downarrow$  hydrolysis

ADP + P<sub>i</sub>  $\leftarrow$  High Energy is released here.

4) Endocytosis - Drugs of VERY large size gets transported via engulfment of cell mmb. bcz of their large size, they would not fit in a channel or a carrier molecule.



## X19] Imp factors affecting Abs. of drugs:-

1) Particle size - Smaller the particle size, greater is the abs.

A tablet containing large aggregates cannot be abs. easily & therefore there abs. is slow.

2) Route of Adm. - The way the drug is administered effect abs. Drugs adm. IV bypass the GIT & are rapidly absorbed. While drugs taken orally must pass through GIT before abs. occurs.

3) Ionisation - Non-ionized drugs are more lipid soluble than ionized drugs which are less lipid soluble.

- The pH of our stomach is acidic, so, the drugs which are ~~weak~~ acidic are usually abs. from stomach. Ex - Salicylates.

- The pH of Intestine is Basic, so, the drugs which are basic in nature are abs. from intestine.

4) Physical state of the drug - Liquids are absorbed better than solids. Smaller the particle size, greater the abs.

5) Blood flow - Greater the blood supply, greater the abs. Tissues with higher blood supply such as lungs, have a faster rate of abs.

6) Foods & Drinks - The presence of food ~~in the~~ retards the abs., so the drug is advised to be taken before meal. However, if drug cause irritation then it's advised to be taken after meal.

Tetracycline forms a complex with  $Ca^{+2}$ , hence it is advised to be taken with water & not with milk or  $Ca^{+2}$ .



- 1) Diseased (and) - certain diseases can affect the abs. of drugs.
- eg - Intestinal disease that affect the lining of GIT can decrease the abs.
- while liver disease affects metabolism
- In diarrhea, there is increased peristaltic activity so, the abs. of drug is reduced.

## 2) DISTRIBUTION OF DRUGS.

- when the drug is absorbed, it is distributed to ~~various part~~ throughout the body fluids & tissues.

Factors affecting Dist. of drugs:-

- 1) Lipophilicity - lipophilic drugs tends to <sup>dissolve</sup> ~~cross~~ the mms more easily than hydrophilic drugs.
- lipophilic drugs tend to accumulate in fatty tissues while, hydrophilic drug tend to distribute more to ~~A~~ aqueous tissues.

- 2) Blood flow - some organs such as Brain, receive more blood flow than skin.
- so, the drug which crosses BBB tends to more distributed in brain compared to skin

- 3) Protein Binding - It is an VIMP factor.
- many drugs binds to plasma proteins - such as - ~~Albumin~~ Albumin.

Protein binding of the drug is a reversible interaction btw<sup>n</sup> drug & plasma protein.

~~Drugs that highly bound to protein~~

- protein binding serves as storage of drugs. so, the drug half life gets longer, its dist. is decreased.



4) Tissue Binding - Certain drugs are bound to particular tissues. i.e. There is localization of drugs. Eg - Cardiac glycosides are localised in cardiac proteins.

5) PLACENTAL Barrier - The placenta exchanges materials b/w maternal & fetus. So, most of drugs readily abs. in foetal circulation. The placental mmp is lipid soluble, so the drugs can easily cross placenta via simple diffusion.

6) Vol. of Dist. ( $V_d$ ) - It is the ratio b/w the amt. of drug in the body & the concn of drug in plasma.

$$V_D = \frac{\text{Amt of drug in the body}}{\text{Concn of drug in plasma}}$$

The high value of  $V_d$  indicates that the drug is widely dist. throught the body.

While, the low  $V_d$  indicates the drug is mainly confined to blood plasma ~~or a sp. tissue~~.  $\therefore$

$\Rightarrow V_D$  is an imp parameter

$\Rightarrow$  It is used to determine the  $t_{1/2}$  & dose of a drug.



### 3) BIO TRANSFORMATION OF DRUGS - ~~Also~~

(Also class Metabolism)

- It is the process by which the drugs are generally inactivated & their nature is changed.  
~~to make them more easily~~  
so that they are easily excreted.
- This process occurs mainly via liver (the other organs are involved too)
- Biotrans<sup>n</sup> helps the drug  $\rightarrow$  more water soluble, less toxic, less bound to plasma proteins.

$\rightarrow$  Terminologies:-

1) Prodrug - It is a pharmacologically ~~inactive~~ <sup>inactive</sup> compound that is converted in the body into a pharmacologically active drug.

It is used to  $\rightarrow$  1) Improve the ~~at~~ pharmacokinetics of drugs.

2) to  $\downarrow$  toxicity

3) to target the drug to a sp. tissue

Ex - Codeine - It is a prodrug of Morphine.

- used to treat cough. Morphine is converted to codeine by liver enzymes

- Prednisone - It is a prodrug of prednisolone. used to treat inflamm<sup>n</sup>. Prednisone is converted to prednisolone by liver enzymes.

2) Mitochondrial enzymes - Also class Mixed function oxidases.

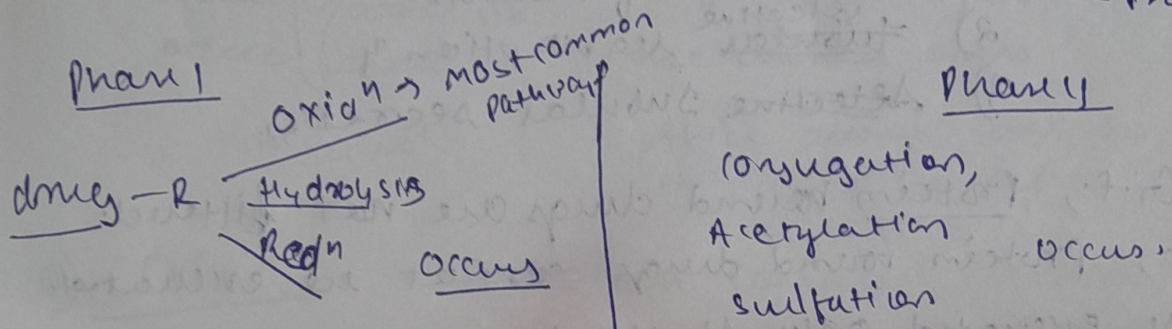
- are the gp. of enzymes found in E.R. of <sup>liver</sup> cells. These enzymes are responsible for metabolising a wide range of compounds. The most well known is Cytochrome P450 (CYP450).



3) Enzyme Induction - Certain drugs activate the microsomal enzymes by either increasing in form of these enzymes i.e. protein synthesis or by inducing synthesis of cytochrome C reductase. This activation is called - enzyme induction.

4) Enzyme Inhibition - Various drugs inhibit the activity of microsomal enzymes. & hence retard the biotransformation of their own as well as other drugs. This is called enzyme inhibition.

Biotransformation of drugs occur via 2 phases. — Phase I



Factors affecting Biotransformation of drugs:-

- 1) Dose & adm. of drugs.
- 2) Age - children have lesser quantity of enzymes. younger individuals tend to metabolize drugs more quickly than older individuals.
- 3) Enzyme Inhibition & Induction.
- 4) Liver disease - Liver metabolizes larger amt of drug. any liver disease can impair the body's ability to metabolize drugs. which may lead to toxicity & adverse effects.
- 5) Exposure to toxins, cigarette smoke & pollution affect drug metabolism.
- 6) Hepatic blood circulation.



#### 4) Elimination of Drugs:-

- The last p.k. process is elimination.  $\rightarrow$  which refers to clearing of drug from the body. ~~mostly~~  
~~via~~ Drugs are mostly excreted through  
 $\rightarrow$  urine (kidney), or can be excreted thru stool,  
Expiration (lungs).  
Minor excretion of drugs also occurs through  
sweat, bile, & tears.

#### Factors affecting Elim<sup>n</sup> of drugs:-

- 1) Kidneys - ~~kidney~~ they do this process via  $\approx$ 
  - 1) Glomerular filtration
  - 2) ~~tubular~~ <sup>selective</sup> reabsorption  $\gamma$
  - 3) ~~selective~~ tubular secretion.

In G.f., protein bound drugs are not filtered.  
hence, protein bound drug cannot be excreted.  
They're excreted only if they're released from proteins.

$\rightarrow$  Unionized drug can be reabsorbed well. so they  
are not excreted. while ionized drugs are  
excreted out.

- 2) General Anaesthetics like - ether, chloroform,  
nitrous oxide are excreted thru lungs.

- 3) Dosage - Higher dose of drugs may take longer  
to be eliminated from the body.

- 4) Age - The elim<sup>n</sup> of drugs may be slower  
in older ppl. due to decline in kidney &  
liver function.

- 5) Metabolism - the quicker the met<sup>n</sup> the faster the  
elimination.



# PHARMACODYNAMICS

- It explains the biochemical & physiological effects of drug in to our body. In short what a drug does to our body.

when drug enters the body, it starts interacting with cell receptors

Receptor types - 1) Ligand-gated ion channels

2) GPCR

3) Enzyme linked receptors

4) ~~Intacellular~~ Nuclear Receptor

1) Ligand-gated ion channels -

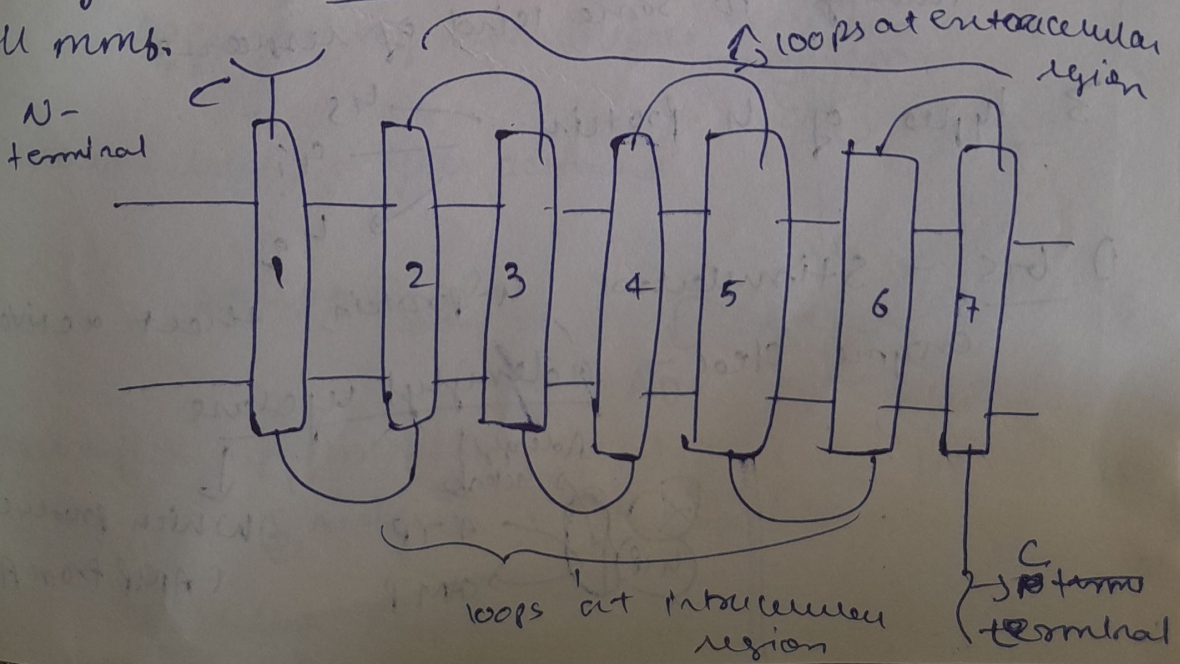
← ligand binding site  
when ligand binds to it, the channel opens  
↓  
which allows ions such as  $Na^+$ ,  $Ca^{2+}$ ,  $K^+$  to enter.

2) GPCR - G-Protein coupled receptor.

- It is a large family of membrane proteins which plays a critical role in cell signaling.

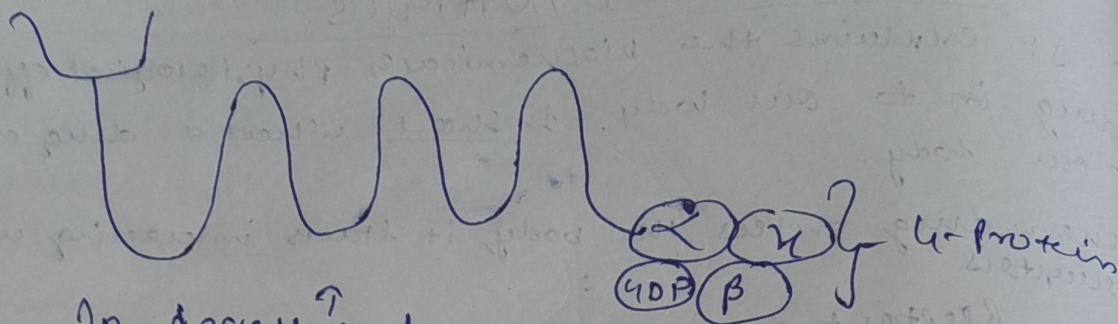
- Also known as Seven-transmembrane receptor.

bcz they have 7  $\alpha$ -helical domains that span the cell memb.

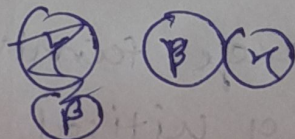
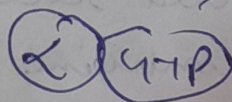
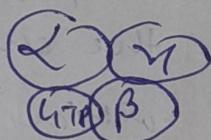




2) Li -



when ligand binds to receptor, affinity for GTP  $\uparrow$ , so then, GTP replaces GTP.

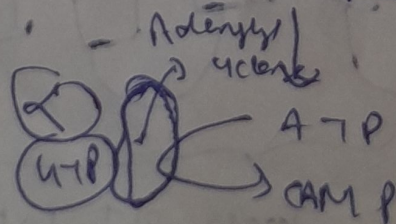


Both these complex interact with other enzymes ~~which~~

leading to some kind of response

3 types of G-protein -  $\alpha_s$ ,  $\alpha_i$ ,  $\alpha_q$

1)  $\alpha_s$  - Stimulated G-protein, that activates enzyme adenylyl cyclase



which produces cAMP from ATP

3)  $\alpha_q$

The each w pathway eg 1)

non ad

2) Do regulate

3) G



2) Li - Inhibits  $G$  protein, inhibits adenylyl cyclase  
↓  
lowers CAMP level.

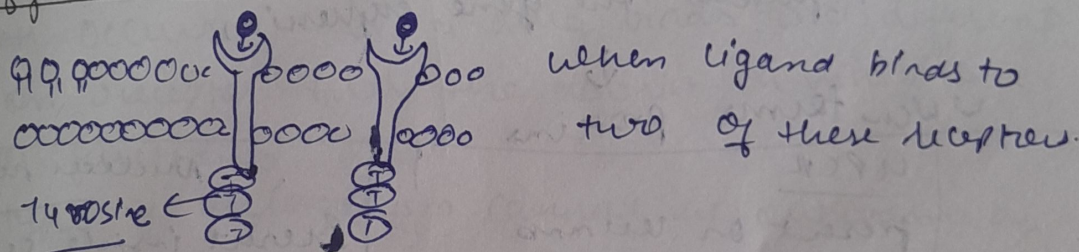
3) Gq activates phospholipases C enzymes (PLC)

There are many diff. GPCRs in humans, each with its own ligand specificity & signaling pathway.

eg 1)  $\beta$ -adrenergic Receptors - They bind adrenaline & noradrenaline are involved in regulating HR & BP.

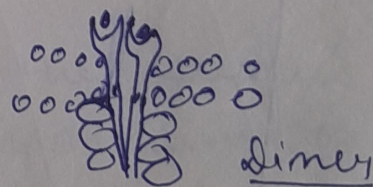
2) Dopamine receptors - Bind dopamine & are involved in regulating mood, & behaviour.

3) Enzyme linked Receptor:-

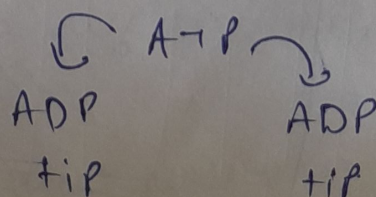
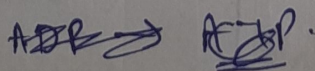


↓  
Conformational change occurs

↓  
aggregation of both receptors



↓  
Tyrosine regions gets activated.



↓  
Tyrosine picks up phosphate group

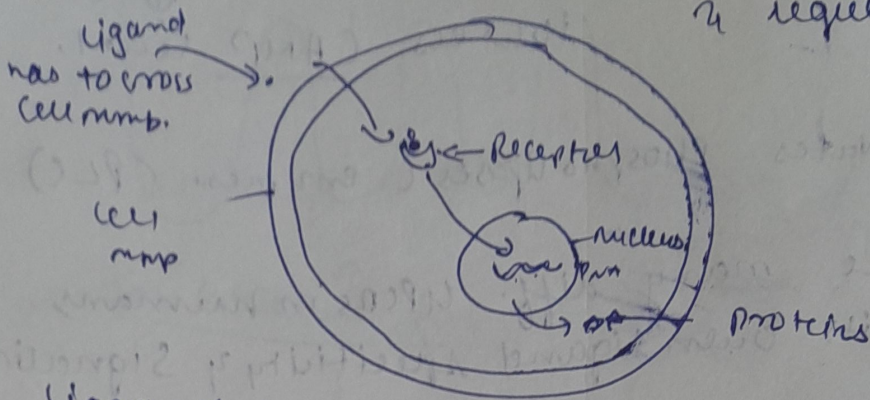
↓  
activation

↓  
Cellular Response occurs.



3) Nuclear Receptor - These receptors are located INSIDE THE CELL.

It regulates gene expression



Ligand has to first cross the cell mmp.  
↓  
then it binds to Receptor.

↓  
The receptor undergoes conformational changes that allows it to bind to a specific DNA sequence.

↓  
It regulates the gene expression.

↓  
which forms proteins

UPR  
present on cell mmp  
- on cell mmp.

Nuclear receptor  
Present inside cell mmp  
- in nucleus



# DRUG ANTAGONISM

It is a type of drug interaction, in which the effect of one drug is reduced or inhibited in presence of other drug.

2 types of antagonism — competitive  
— non-competitive.

## Competitive antagonism

It occurs when a drug competes with another substance (agonist) for binding to the same receptor site, resulting in reduction in agonist activity.

competitive antagonism can be overcome by ↑ the concn of agonist drug. Eg - Propranolol, a  $\beta$ -Blocker competes with Adr. & noradr. for binding to  $\beta$ -adrenergic receptors.  
Eg - 2) ACh & Atropine,  
~~Propranolol & Propranolol~~

## Non-competitive antagonism

~~It occurs~~ occurs when a drug binds to a different site on receptor than the agonist & inhibits receptor function.

This type of antagonism cannot be overcome by ↑ the concn of agonist drug bcz the antagonist is not competing for same binding site as that of agonist.

Instead, the antagonist alters the receptor's conformation, making it less responsiveness to the agonist.

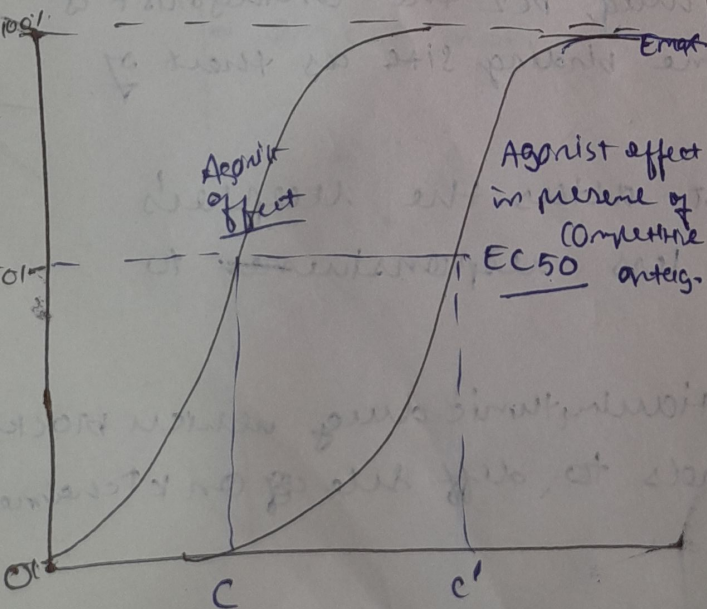
Eg - Amiodarone, an Antiarrhythmic drug which blocks  $K^+$  channel in heart. It binds to diff site of  $K^+$  channel & inhibits its function.

1) Ketamine, an anaesthetic that produces its effect by blocking NMDA receptors in brain. Ketamine binds to diff. site on NMDA receptors than the agonist & inhibits the receptor function.



# COMPETITIVE

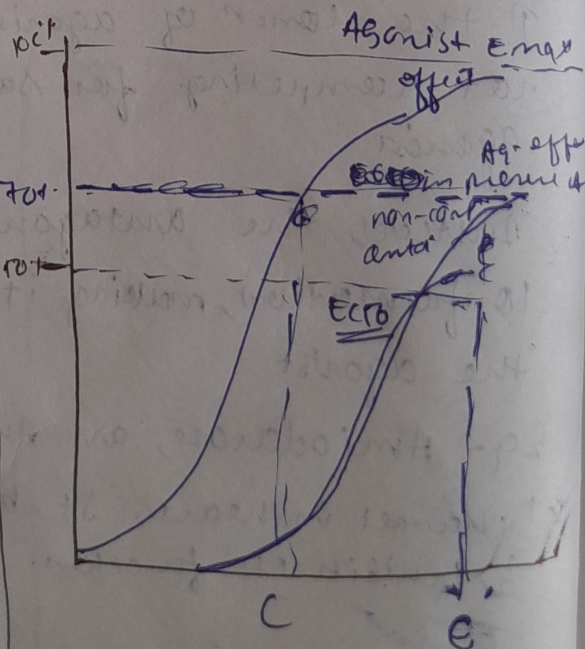
- Def. p4. page.
- Antagonist binds with the same receptor as that of agonist
- Intensity of Response depends upon both Agonist & antagonist
- No change in slope of curve.
- It can be overcome by  $\uparrow$  the conc of agonist
- Eq - p4. pg.
- Competition occurs b/w agonist & antagonist
- No conformational changes of receptors site
- Maximum efficacy is unchanged



the agonist potency  $\downarrow$  in presence of competitive antagonist

# Non-competitive

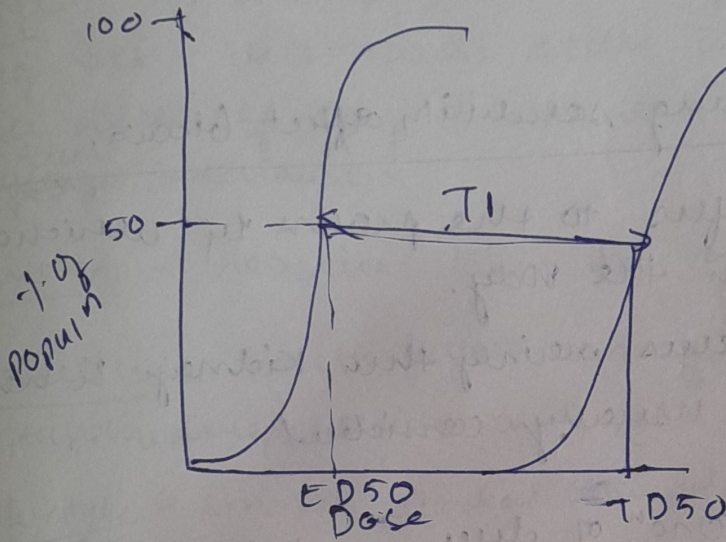
- " " " "
- Binds to another site of receptor.
- depends upon the conc. of antagonist
- change in slope of curve.
- It can be overcome by  $\uparrow$  the conc of agonist
- Eq " "
- No competition as antag binds to diff site.
- antagonist <sup>alters</sup> ~~changes~~ the conformational site
- max. efficacy is reduced





Therapeutic Index - It is a ratio of the dose of a drug that produces toxicity in 50% of the population to the dose of a drug that produces effective response in 50% of population.

$$TI = \frac{TD_{50}}{ED_{50}}$$



Bioavailability - It is the proportion of the drug that enters systemic circulation after adm. & is available to produce its pharmacological effect. i.e. the proportion of drug that reaches systemic circ<sup>n</sup> in unchanged form & produce its effect.

The Bioav. of any drug adm. thru IV is 100%.

Factors affecting

- 1) First-pass metabolism - Drugs abs. thru the GIT are first delivered to liver via portal vein, where they undergoes metabolism before entering systemic circulation & this reduces Bioavailability.



1) Stability - The stability of drug in GIT can affect Bioavail. Some drugs may be degraded by gastric acid before they can be absorbed.

2) Solubility - the solubility of drug in water or lipids affect its bioavail. Lipophilic drugs are more readily abs. compared to hydrophilic drugs.

4) Dose of drug.

1) Particle size & drug solubility affect bioavail.

→ clearance - It refers to the process by which drugs are eliminated from the body.

Elim<sup>n</sup> of drug occurs mainly thru kidney & hence renal clearance is usually considered

$$\text{Renal clearance} = \frac{\text{Conc}^n \text{ of drug in urine} \times \text{Vol. of urine excreted}}{\text{Plasma drug conc}^n}$$

→ Biological half life - defined as the time required for the conc<sup>n</sup> of drug in the body to be reduced by one half (50%).

Importance - It is used to determine the appropriate dose. A drug with short  $t_{1/2}$  may require frequent dosing. Hence a longer  $t_{1/2}$  may only need to be adm. once or twice a day.

2) Understanding the  $t_{1/2}$  of drug can help to identify the risk of toxicity of drug.



3) Used to determine the safety of drugs. If the drug has long t<sub>1/2</sub> it gets accumulated in body.

→ Bioequivalence - is the biochemical similarity of 2 drugs that share the same ingredients & produce the same effect. It is based on bioavailability.

→ Factors Modifying drug Effects:-

- 1) Age - As we age, our body's ability to metabolize drug ↓. This means older individuals may need lower doses of drugs to achieve same therapeutic effect as ~~adult~~ <sup>adult</sup> individuals.
- 2) Gender - Requires lower dose of drugs in pregnancy.
- 3) Genetics - Genetic factors can affect the way our bodies metabolize drugs, which can impact their efficacy & S.E.
- 4) Life style - Smoking, alcohol consumption & physical activity can all impact how drugs are metabolized in our body.
- 5) Route adm. - If drug taken orally, then due to its first pass met<sup>n</sup> its effect can decrease.  
but, when given via IV, then it directly reaches systemic circulation.
- 6) Polypharmacy - when 2 or more drugs taken at same time then it may affect the pharmacological action of either drug.
- 7) Body organs state - It depends upon person's body. If he/she's having any disease related to GIT, liver, kidney, stomach, intestine, then drug effect can be altered.



## DRUG TOXICITY -

- Refers to the harmful effects that can occur when a person takes a medication. All medication cause some or other toxic effects, but the severity depends upon its dose, frequency & person's health status.

→ Acute Toxicity - It refers to the harmful effects that can occur shortly after exposure to a single, high dose of a drug.

A.T. can occur by ingestion, inhalation or skin contact. Its severity varies depending upon the dose.

S/S - Nausea, vomiting, Headache, Respiratory distress, dizziness, seizures & even death in severe cases.

- The level of toxicity is often determined by its LD50 value, which is the amt. of substance that is lethal to 50% of test animals.

- To minimize the risk of A.T. it is imp to use the drugs acc. to the prescription & in limited dose.

eg - Pesticides - These are used in agriculture & when enters in our body causes A.T.  
S/S include N, V, Resp. distress, dizziness.

2) Household cleaning products - such as bleach, disinfectants. when inhaled causes A.T.

3) Carbon Monoxide (CO) - It is a toxic gas & by inhaling it, even death can occur.



→ Sub-Acute toxicity - Refers to harmful effects that occur after Repeated exposure to toxic substance over a period of weeks or months.

- It can affect multiple organs of our body

ex - wt. loss, decreased appetite, lethargy, & damage to organs such as - liver, kidneys, N.S. etc.

SAT testing is imp aspect for products safety evaluation esp. for the drug that may come in contact with humans over a long period of time.

eg - 1) Industrial chemicals - Exposure of I.C.

Such as - paints & heavy metals can cause SAT.

If workers are exposed for a longer period of time, then it may damage our body organs.

2) Environmental pollutants - such as air, water, soil poll.

like - cigarette smoke can cause liver damage.  
Harmful gases released from vehicles & industries cause damage to body organs.

3) Prescription medication - If the P.M. are taken for longer period of time & often then it may damage our organs.

- Such as - NSAIDs taken for longer period can damage & change liver function.



3) Chronic Toxicity - Refers to the harmful effects that occur as a result of repeated or long term exposure to toxic substance. C.T. develops over a period of months or years.

It can affect various organs & systems in body  $\rightarrow$  N.S, I.S, CVS & P.S. It can also  $\uparrow$  the risk of developing chronic diseases such as - Cancer,

S's - fatigue, weakness, N, V, Headache, skin rashes, Difficulty breathing, Joint pain, vision & hearing problems, GIT problems such as - diarrhea & constipation,  $\uparrow$ ed risk of cancer, liver disease.

Ex - 1) Radiation - Chronic exposure to ionizing radiation can lead to  $\uparrow$ ed risk of cancer & other health problems.

2) Alcohol - long term alcohol consumption can cause liver damage &  $\uparrow$ es the risk of liver damage

3) Industrial Chemicals - Exposure to chemicals such as - benzene can cause chronic toxicity. & then damages the organs.

4) Medications - Medicines such as - painkillers & Anti-inflammatory drugs can cause kidney problems.

5) Heavy Metals - Exposure to H.M. such as lead, mercury can cause C.T.

These metals accumulate in body over time.



→ Pre Clinical Evaluation - Is a stage in the development of new drugs, medical devices & other products, where they're tested in laboratory & animal before moving to clinical trials on human.

- During evaluation, the drug is tested in vitro (in cells) & in vivo (in animals) to evaluate drug toxicity, pharmacokinetics, pharmacodynamics.

These test helps the researcher to determine the dose, frequency & route of adm. of drug.