

Micro-dosing trials.

- Phase 0 clinical trials are also called as 'micro-dosing trials.'
- Study of new drug in micro doses to derive PK information before undertaking phase 1 studies is called Phase 0 trials.
- They are first CTs done among people.
- Aim to learn how a drug is processed in the body & how it affects the body.
- A very small dose of drug is given to 10 to 15 people.
- These studies aim to find if the drug behaves in the way researchers wants it to behave from their lab studies.
- Usually involves smaller no. of people and they have a very small dose of drug.
- Less than $1/100^{\text{th}}$ of the dose is calculated to yield a pharmacological effect of the test drug based on primary PD data obtained from in-vitro & in-vivo at a max dose of $<100 \text{ mcg}$.

Procedures

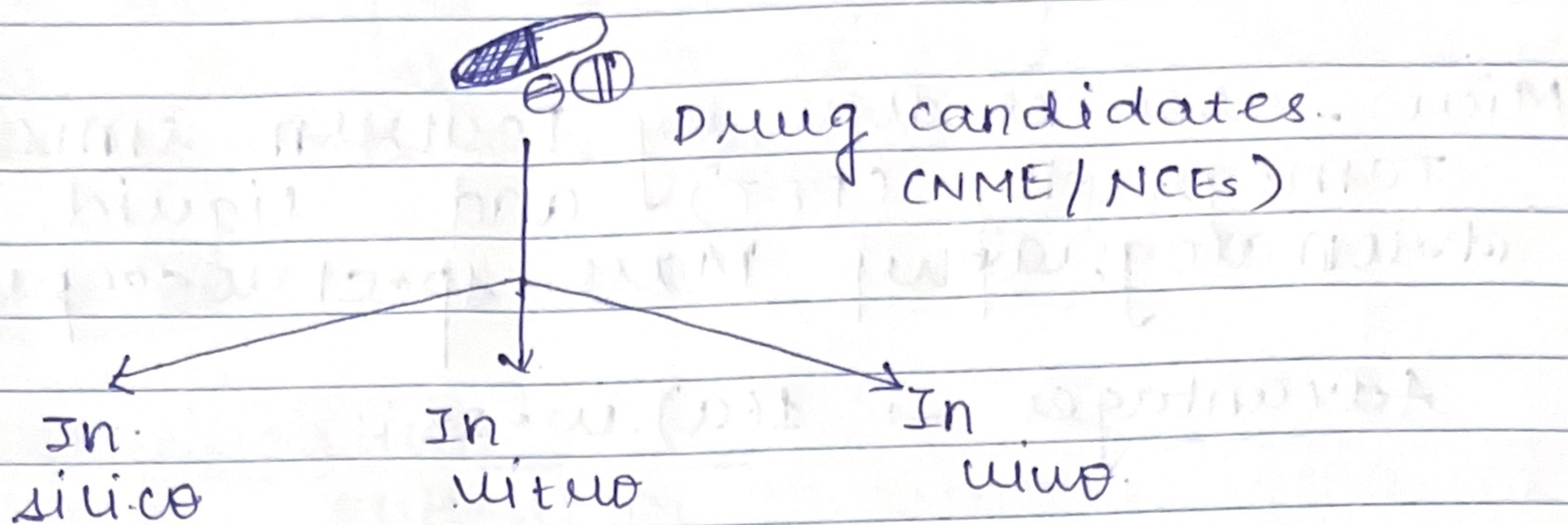
In
silico

- Plasma

- sample

- Micro

Procedure



limited toxicology studies.

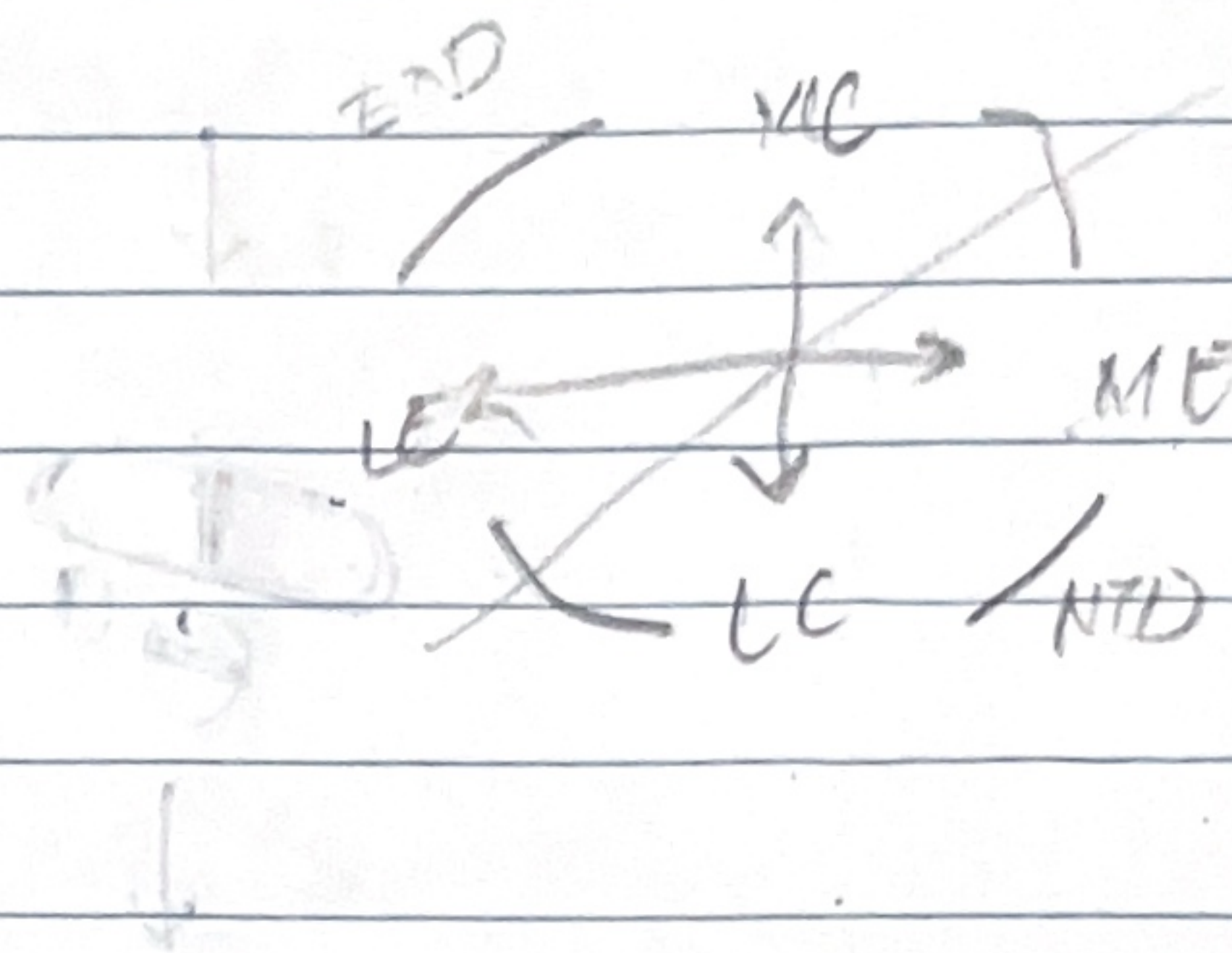
human microdose study.
(Phase - 0).

- Plasma/urine/Biopsy samples are collected.
- samples analysed for parent drug & metabolite
- Micro dose \rightarrow Micro. plasma drug conc.

- Extremely sensitive analytical methods are required.

Micro-dose is done by Positron emission tomography (PET) and liquid chromatography Mass spectroscopy.

Advantages. → 1(a). w-22



proposed design
schematic



Various phases of clinical trials.

- clinical trials are a systematic investigations done on human subjects for evaluating safety and efficacy of any new drug.

There are 4 different phases of clinical trials. They are:

(1) Phase - I clinical trial.

- Also known as 'Human P'ecology and safety phase.'

(a) Objective: Determine, P'ecological actions and tolerability

(b) FTBI: PD, PK, Tolerated dose.

 ↙ ↘
(side effect) (ADME of drug)
or desired effect

(c) Data focus: Vital signs & plasma concⁿ.

(d) Duration: Months.

(e) Population: Healthy volunteers / may be with target disease
(cancer; TB etc.)

(f) Sample size: 20-80

(g) Type of study: Unblinded & Uncontrolled.

(2) Phase - II clinical trial:

- Also known as 'Therapeutic exploration & dose-ranging'.

(a) Aim: To evaluate safety, efficacy, side effects, ADR.

(b) FTBI: Drug-drug & drug-disease interactions, PK & PD

(c) Data focus: Dose response & efficacy

(d) Duration: Several months - years.

(e) Population: Individuals with target disease

(f) Sample size: 200 - 300

(g) Type of study: May be placebo, Active & controlled.

Phase - II



Phase IIa aimed to assess dosing requirements

Phase IIb specifically designed to study efficacy.

(3) Phase III clinical trials

- Also known as 'therapeutic confirmatory trial.'

(a) Objective: Evaluate effectiveness and tolerability of the drug.

(b) FTBI: Dosage intervals, Risk-benefit information, safety & efficacy.

(c) Data focus: Late data & ADR.

(d) Duration: Several years.

(e) Population: Diverse population with target disease.

(f) Sample size: 300 - 1000.

(g) Type of study: Randomized & controlled.

Phase - III



Phase IIIa

To get sufficient & significant data

Phase IIIb to show

the drug works for additional types of patients.

(4) Phase IV clinical trials:

- Also known as 'Post Marketing Surveillance trial.'

(a) Objectives: Monitor long-term effects and effectiveness of the drug.

(b) FTBI: Epidemiological data, efficacy & safety, pre-economics.

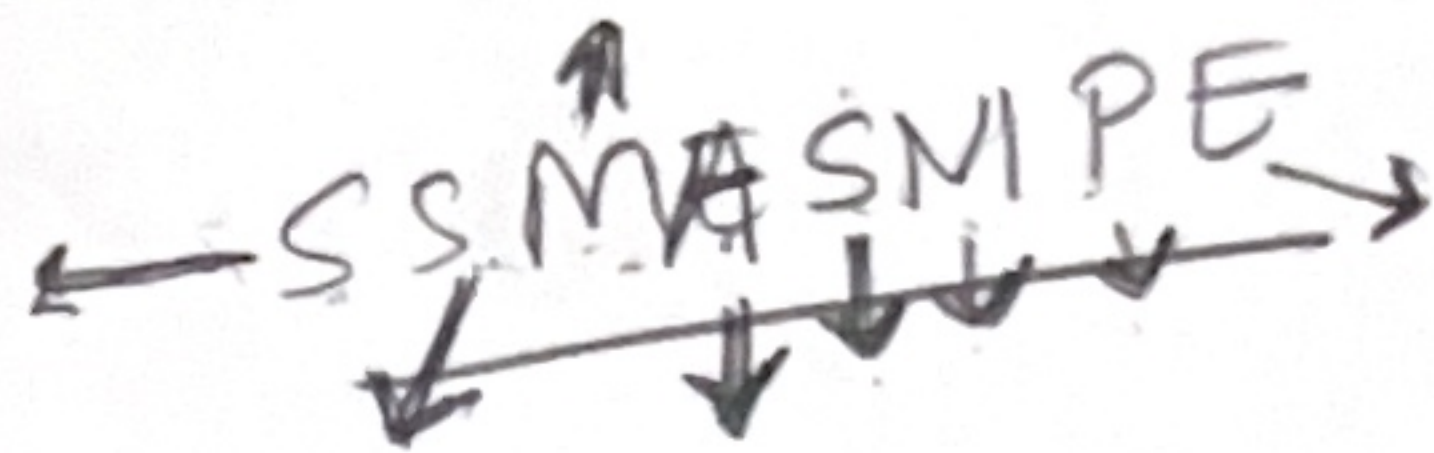
(c) Data focus: Efficacy, epidemiological data and economics.

(d) Duration: Ongoing following FDA approval.

(e) Population: Diverse population with target disease & new age groups, gender.

(f) Sample size: More than 1000.

(g) Type of study: Expanded safety comparison.



Drug characterization

- It involves the finding of the biological and physico-chemical properties of potential drug molecules.

⇒ Add table on Pg 31.

It is of two types :

(1) Biological drug characterization:

- Assess whether the molecule will likely work in humans.

Eg : Receptor binding
Enzyme inhibition

Goals - To find efficacy
To assess toxic effects.

(a) cellular assays

- Cellular cultures - cell penetration, receptor activity, transport
- ~~Isolated~~ tissues - Effects on specific tissue possible toxicity
- Liver tissues - Drug interaction and drug metabolism.

(b) Molecular assay

- MOA ~~of~~ at molecular level.
- Receptor binding assays (affinity and selectivity)
- Metabolic processing

(c) whole animal assays

- Rat, mouse - Toxicity, LD50, organ specific toxicity
- Dog, rabbit, guinea, monkey - PK/PD, toxicity, bioavailability
- can animal models for disease - Efficacy and toxicity.

(2) Physico-chemical drug characterization

- These properties of a drug are crucial for knowing how it can be formulated or stored or administered.

(a) Solubility - $(S, C_{0.2\%})$

- Ability of solute to dissolve in a solvent.

(b) PKa -

- It is a method used to indicate the strength of an acid.
- It is the negative log of the acid dissociation constant or K_a value.

(c) Partition coefficient -

- It is the ratio of concentrations of a compound in a mixture of two immiscible solvents at eqm.

(d) Stability -

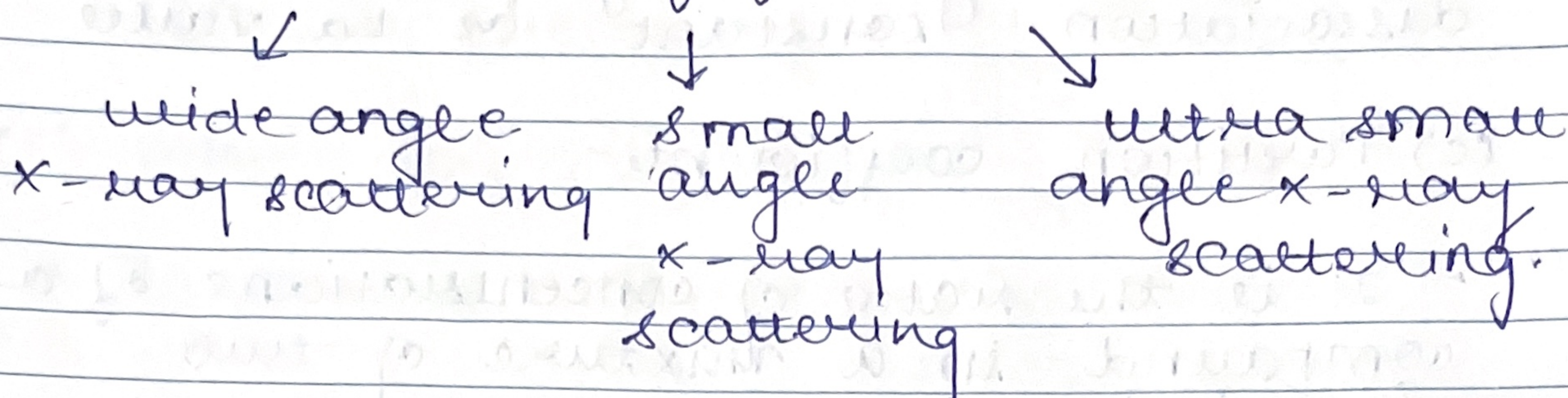
- The stability of nano-medicines may be affected by one or more factors :
 Temp.
 Moisture
 Solvents
 pH
 Particle size.
 Exposure to diff types of ionizing & non-ionizing Radiation.

(e) Chemical structure -

- (i) Mass spectroscopy : Major analytical technique used to examine mass, elemental compo & chemical struc. of a particle.

(ii) NMR: contrast to imaging & diffraction technique affording structural info at long-range order.

(iii) X-ray: Powerful technique.



(iv) Crystallography: Branch of science that deals with discerning the arrangement & bonding of atoms in crystalline solids.

(F) Impurities -

(i) TLC: used to separate non-volatile mix. Performed on a sheet.
ex - glass, plastic, Al. foil.

(ii) HPLC: Form of column chromatography that pumps a sample mix or analyte in a solvent.

(iii) Mass spectrometry: Used to determine the mass, elemental comp or chemical structure of a particle or a molecule.

(c) Polymorphism -

- the ability of an object to take on many forms.
- use: Polymorphism in OOP occurs when a parent class reference is used to refer to child class object.